

Breakfast (Serve till 11:00 AM)

Two Eggs on Toast	\$2.49
Two Eggs on Toast w/ Cheese	\$2.99
Two Eggs on Toast w/ Meat	\$3.49
Toast (2 Slices) w/ Hummus Spread	\$2.99
2 Eggs on Toast w/ Cheese & Meat	\$3.99
Croissant Add	\$1.69
Bagel Add	\$1.00

Bagels

Plain Toasted Bagel	\$1.99
Butter or Jelly on a Bagel	\$1.99
Bagel with Cream Cheese	\$2.70
Smoked Salmon & Cream Cheese on a Bagel	\$6.99

Salads

Garden Salad	\$5.99
Grilled Chicken Breast Salad	\$7.99
Chef Salad	\$7.99

Soups (Seasonal)

Regular Soup	\$4.99
Large Soup	\$7.99

**Sandwiches****Build Your Own**

Chicken Breast	\$6.49
Roast Beef	\$6.49
Corned Beef	\$6.49
Pastrami	\$6.49
Genoa Salami	\$6.49
Black Forest Ham	\$5.99
Turkey Breast 98% Fat Free	\$5.99
Turkey Pastrami	\$5.99
Smoked Turkey Breast	\$5.99
Honey Maple Turkey Breast	\$5.99
Assorted Cheese Sandwich	\$5.29
Egg Salad	\$5.49
Shrimp Salad	\$8.99
White Tuna Salad	\$5.49
Chicken Salad	\$5.49
B.L.T.	\$5.99
Smoked Salmon & Cream Cheese	\$6.99

Bread Choices

Rye, Multi Grain, Pumpernickel, White, Whole Wheat, French Roll \$1.00, Wheat Pita \$1.00, Bagel \$1.00, Kaiser Roll \$1.00 Wraps \$1.00, Croissant \$1.69

Extras

Cheese, Bacon, Coleslaw, Avocado, Sauerkraut, Cranberry Sauce, Salsa, Peppers, Sprouts, Cucumbers, Mushrooms, Carrots, Capers, Hummus

Condiments

Lettuce, Tomato, Onion, Hot Peppers, Mustard, Mayo, Thousand Island Dressing, Honey Mustard, Dijon, Spicy Mustard, BBQ Sauce, Dill Sauce, O&V, Horseradish Sauce

Free

Specialty Sandwiches**GREAT FALLS**

Boars Head Salami, Black Forest Ham, Prosciutto, Provolone, Lettuce, Tomato, Onion, and Italian dressing on a French Roll.

CJ ISLAND

Boars Head Turkey Breast, Swiss, Cranberry Sauce, Onion, Mayo, and Lettuce on Pumpernickel.

RIVERSIDE

Rib Eye Steak and Melted Provolone, Lettuce, Tomato, Onion, and Mayo on a French Roll.

UNION ARCH

Hot Roast Beef, Melted Cheddar, Horseradish Sauce, Sautéed Peppers & Onions on a French Roll.

CABIN JOHN CLUB

Boars Head Ham & Turkey on 3 slices of Toasted Rye with Bacon, Provolone Cheese, Lettuce, Tomato, & Mayo.

WILD BIRD

Marinated Chicken Breast topped w/ melted Swiss, lettuce, Tomato & Dijon on a Kaiser Roll..

GLEN ECHO

Hot Extra lean Boars Head Corned Beef, Melted Swiss, Sauerkraut, Russian Dressing on Toasted Rye.

AVENEL

Boars Head 98% Fat Free Turkey Breast w/ Cheddar Cheese, Russian Dressing, Coleslaw & Tomato on a French Roll.

CONGRESSIONAL

Boars Head Black Forest Ham w/ Melted Brie, Honey Mustard, Lettuce & Tomato on a French Roll.

BOULEVARD

Tuna Salad, melted Swiss, Lettuce & Tomato on a Croissant.

FIREHOUSE

Boars Head 98% Fat Free Turkey Breast, Jalapeno Jack Cheese, Coleslaw, and Salsa on a French Roll.

CARDEROCK

Roast Beef, Jalapeno Jack Cheese, Lettuce, Tomato & Mango Chutney on Toasted Rye.

79th St.

Choice of Tuna or Chicken Salad, Avocado, Alfalfa Sprouts & Tomato on Pita

SEVEN LOCKS

Boars Head Hot Pastrami, Melted Swiss, topped w/ coleslaw and Russian Dressing on a French Roll.

C&O

Boars Head 98% Fat Free Turkey, Provolone Cheese, Avocado, Lettuce, Tomato & Honey Mustard on a French Roll.

TUNA MELT

Hot Tuna w/ melted Swiss, Lettuce, Tomato, Onion on Toasted Rye.

CALIFORNIA CLUB

Boars Head Ham, Turkey, Bacon and Provolone Cheese w/ Lettuce, Tomato, Onion, Avocado, Dijon Mustard rolled on a plain Wrap.

NEW YORKER

Boars Head Hot Pastrami, Corn beef, Coleslaw melted Provolone Cheese and Russian Dressing on Toasted Rye.

MANHATTAN

Boars Head Turkey breast, Roast beef, Lettuce, Tomato, Onion, Mayo, on a French Roll.

VEGGIE-CHICKEN/ TUNA

Chicken Salad, Lettuce, Tomato, Onion, Cucumber, Carrots, rolled on a Wrap of choice.

CHICKEN GYRO

Thin sliced Chicken Gyro, Lettuce, Tomato, Onion, Cucumber Sauce on a plain Wrap.

Specialty Vegetarian**CLARA BARTON**

Muenster Cheese, Avocado, Lettuce, Tomato, Sprouts, Onions, & Dill sauce on Whole Wheat Pita.

SPRING VEGGIE

Fresh Avocado, Cream Cheese, Alfalfa Sprout, Lettuce, Tomato, Carrots, & Honey Mustard rolled on a plain Wrap.

HUMMUS PITA

Hummus, Lettuce, Tomato, Green/Red Pepper, Mushroom, Cucumber, Alfalfa Sprout on Pita.

VEGGIE-VEGGIE

Provolone Cheese, Lettuce, Tomato, Onion, Cucumber, Carrots, Coleslaw, and Russian Dressing rolled on a plain Wrap.

\$7.49

\$6.99

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Our International Dish
Great for lunch & dinner

A: Bulgogi

Bulgogi is one of Korea's most popular beef dishes. **Bul** is the Korean word for fire and **gogi** is meat, therefore, it translates into fire meat. However, it's not quite spice in taste but somewhat on the sweet side. It is made from marinated thinly sliced sirloin beef.

Served with white steamed rice \$10.99

B: Bibimbap

Bibimbap is a popular meal consisting of a bowl of steamed rice topped with various vegetables, lean beef and a fried egg with GoChujang (Red Chili Pepper Paste) and Sesame Seed oil. Bibim is the Korean word for Mixed and Bap is rice, therefore, it translates into Mixed Rice or Mixed Bowl.

Served with white steamed rice \$10.99

C: Japchae

Japchae is a stir-fried dish that combines sweet vermicelli noodles made from starch of a white sweet potato, thinly slices of beef, various vegetables and sesame seed oil.

Served with white steamed rice \$9.99



Hours of Operation

Mon-Friday
6:00 AM to 9:00 PM
Saturday
7:00 AM to 8:00 PM
Sunday
7:00 AM to 7:00 PM

Dinner Menu (after 4:00 PM)

Salad

House Salad 7.99
Choice of Tuna Salad, Chicken Salad, or Egg Salad and Cucumber, Tomato, Broccoli, Salaries, Carrots, Greens with Salad Dressing.

Artichokes and Avocado Salad 7.99
Artichokes, Avocado, Hard boiled Egg, Cucumber, Tomato, Greens with House Dressing

Pizzas

Cheese Pizza 8.99
Premium grade Mozzarella Cheese & Tomato Sauce.

Veggie Lover 11.99
Mushroom, Green Pepper, Red Pepper, Onion, Black Olive, Parsley Flakes, Mozzarella Cheese & Tomato Sauce.

Meat Lover 11.99
Sausage, Pepperoni, Mozzarella Cheese & Tomato Sauce.

Works Supreme Pizza 11.99
Sausage, Pepperoni, Onion, Green Pepper, Black Olive, Mozzarella Cheese & Tomato Sauce.

Original BBQ Chicken Pizza 11.99
BBQ Chicken, Bacon, Onion, Parsley Flakes, Mozzarella Cheese & Tomato Sauce.

YES! You can make your own Pizza 11.99
Available Toppings: Mushroom, Green Pepper, Onion, Black Olive, Sausage, Pepperoni Bacon, Jalapeno and Fresh Tomato .

Dinner Menu (after 4:00 PM)

Burgers & Combo

1/3 lb Angus Choice Beef Patties & serve w/ Baked Potato Wedge

Market House Burger 8.99
Fried Egg, American Cheese, Lettuce, Tomato, Onion with our homemade house burger sauce

California Burger 8.99
Avocado, Cheddar Cheese, Lettuce, Tomato, Onion, Pickle with our homemade house burger sauce

Martin's Burger 8.99
Bacon, Swiss Cheese, Sautéed Mushrooms and Grilled Onions with our homemade house burger sauce

"Bull" Burger 8.99
Fried Egg, Pepper Jack Cheese, Lettuce, Tomato, Onion with our homemade Spicy Sauce "Bull Sauce"

Additional Toppings & Side
Bacon, Fried Egg, Avocado\$1.99
Potato Wedge.....\$3.99



Gourmet Delicatessen
Great Sandwiches
Beer & Wine Shop
Bistro & Café

Place for everyone! featuring;
Great sandwiches featuring premium grade Boars Head deli products.
Full line of Cappuccino beverages.
Gourmet snacks, chips, and drinks.
Huge selections of beverages, domestic and imported beer & wines.
Daily prepared meals, salads, and snacks.
International food selections.
Fruit smoothies and soft-ice cream.
Wines served by glasses or bottle.
Huge selections of Party platters, and artistic presentation of selections.

Commitment To excellence.

7945 MacArthur Boulevard
Cabin John, MD 20818
Phone: 301-229-2526
Fax: 301-229-9460
Web: www.themarketon.com
E-mail: contact@themarketon.com